

8 november 2022

Geachte leden,

Onderstaand vindt u een bericht van de Anti-Doping Officer van de WMF aangaande Beta Blockers.

Zoals in de eerste alinea is te lezen zijn Beta Blockers nu ook verboden bij het minigolf vanaf 1 januari 2023 wanneer je in-competitie bent. De lijst van betrokken stoffen zijn te vinden in de lijst met verboden stoffen van de WADA. Het is dus verstandig als je deze middelen gebruikt om een Therapeutic Use Exemption aan te vragen.

Als er vragen zijn, aarzel niet die te stellen!

Met vriendelijke groeten

Hans Broodbakker
Secretaris NMB

Dear all,

I as a WMF Anti-Doping Officer would like to inform you on behalf of WMF about the new change which has happened in the past few weeks. Beta Blockers as a group of substances prohibited within other sport disciplines with similar physical and psychological demands like minigolf (e. g. archery, golf, darts, billiard or shooting) are now officially prohibited In-Competition also for minigolf.

What does it mean exactly? It means that you as a representative of a National Federation have 2 months time (this WADA decision is coming into force on 1st January 2023) to inform your member federations/clubs about this change and help them in case they need any assistance during the process of applying for Therapeutic Use Exemption.

What exactly are Beta Blockers? The full list of substances can be found in WADA's Prohibited List (see the link below). Just to give you a small overview: Beta Blockers are commonly used to treat hypertension (high blood pressure), angina pectoris, heart failure or arhythmia but also glaucoma.

Further information about this topic can be found under this link:

<https://www.wada-ama.org/en/resources/world-anti-doping-program/2023-prohibited-list#resource-download> (Prohibited List for download)

Please make sure that the players check their medication for the presence of any of those substances and that they do apply for TUE in case there exist no other possibility of treating their diseases.

Information about applying for a TUE to WMF and TUEs in general can be found here:

- 1) <http://gov.minigolfsport.com/anti-doping/tues>
- 2) <http://gov.minigolfsport.com/anti-doping/how-to-apply-for-tue>

Do no hesitate to contact me, should you have any questions.

Stay safe and healthy.

Best regards

Karolína Jandová
Chair of Medical & Anti-Doping Committee
Anti-Doping Officer
World Minigolf Sport Federation